

NORTHEAST OTTAWA COUNTY ACTIVITIES FOR AGES 50+

Dear North Ottawa County Community Member,

Winter finally arrived at the end of January, and by now you might be going a bit stir crazy! While we have a couple more months of winter to endure, there are plenty of engaging program opportunities to take the edge off any cabin fever you might be experiencing.

On Thursday, February 14th at 11am, Senior Resources of West Michigan will be holding a Community Forum at the CAPS Community Building. This Community Forum is an opportunity to make your voice heard and be an active part of shaping the future of aging services in northern Ottawa County. Representatives from Senior Resources will facilitate an engaging discussion aimed at gathering valuable feedback from community members, older adults, care givers and health care providers as it relates to services and programming for those age 60+. They will have refreshments and prize giveaways for attendees. No registration is necessary for this event. All are welcome!

The following week on Wednesday, February 20th 12:30-4pm, at Polkton Township Hall, get in touch with your artistic side and join instructor Amber Wilder for Beginning Acrylic Painting. Everyone in the class will work through a step by step process of painting the beautiful winter landscape pictured below. This is a perfect way to embrace the winter season. All skill levels are welcome and all supplies are provided. Pre-registration is required by Friday, February 15th at 4pm. The cost of the class is \$25.00/person. Please call 616-842-9210 to register!



We hope to see you this month at one of the many program opportunities in the northeast community!!!

Questions regarding programming please call: 616-997-1786 or 616-842-9210

Wright Township
Berlin Baptist Church
14141 State Street
Marne, MI 49435

Polkton
Township Hall
6900 Arthur Street
Coopersville, MI 49404

Coopersville Area Public School
(CAPS)
198 East Street.
Coopersville, MI 49404

Chester
Township Hall
3509 Sehler Street
Conklin, MI 49403

February 2019 Program Calendar

Su	Mon	Tue	Wed	Thu	Fri	Sa
					<i>1</i> 8:30 Walking @ CAPS Com Gym	<i>2</i>
<i>3</i>	<i>4</i> 8:30 Walking @ CAPS Com Gym 6pm—Tae Kwon Do - St. Mary's Church in Marne	<i>5</i> 9:15 Stretch & Tone 10:15 Cardio Drumming Berlin Baptist Church 1:15—Euchre @ St. Joseph's Church in Marne	<i>6</i> 8:00 Walking @ CAPS Com Gym 9am—Bowling @ Ravenna Bowl	<i>7</i> 9:15 Stretch & Tone Berlin Baptist Church 9:30 Dance Fitness— CAPS Gym 10:15 GET ON THE BALL	<i>8</i> 8:30 Walking @ CAPS Com Gym 1pm - Movie @ the Li- brary in Coopersville	<i>9</i>
<i>10</i>	<i>11</i> 8:30 Walking @ CAPS Com Gym 6pm—Tae Kwon Do - St. Mary's Church in Marne	<i>12</i> 9:15 Stretch & Tone 10:15 Cardio Drumming Berlin Baptist Church 1:15 Euchre @ CAPS	<i>13</i> 8:30 Walking @ CAPS 9am—Bowling @ Ravenna Bowl	<i>14</i> 9:15 Stretch & Tone Berlin Baptist Church 9:30 Dance Fitness— CAPS Gym 10:15 GET ON THE BALL 11 - Community Forum CAPS Community Center	<i>15</i> 8:30 Walking @ CAPS Com Gym	<i>16</i>
<i>17</i>	<i>18</i> 8:30 Walking @ CAPS Com Gym 6pm—Tae Kwon Do - St. Mary's Church in Marne	<i>19</i> 9:15 Stretch & Tone 10:15 Cardio Drumming Berlin Baptist Church 1:15 Euchre @ CAPS	<i>20</i> 8:30 Walking @ CAPS 9am—Bowling @ Ravenna Bowl 12:30-4 Beginning Acrylics @ Polkton Township	<i>21</i> 9:15 Stretch & Tone Berlin Baptist Church 9:30 Dance Fitness— CAPS Gym 10:15 GET ON THE BALL	<i>22</i> 8:30 Walking @ CAPS Com Gym	<i>23</i>
<i>24</i>	<i>25</i> 8:00 Walking @ CAPS 6pm—Tae Kwon Do - St. Mary's Church in Marne	<i>26</i> 9:15 Stretch & Tone 10:15 Cardio Drumming Berlin Baptist Church 1:15 Euchre @ CAPS	<i>27</i> 8:30 Walking @ CAPS 9am—Bowling @ Ravenna Bowl	<i>28</i> 9:15 Stretch & Tone Berlin Baptist Church 9:30 Dance Fitness— CAPS Gym 10:15 GET ON THE BALL 12:00 Luncheon @ CAPS Com Gym	Cardio Drum • \$1/class Stretch & Tone • \$1/class Get on the Ball • \$1/class Dance Fitness • \$1/class Tae Kwon Do—FREE	

Know Before You Go.....

When Coopersville Public Schools are canceled due to weather, all activities for that day are canceled. Also, if Kenowa Public Schools are closed all programming at Berlin Baptist Church is cancelled for the day.

Thank you!